

NEW CLASS SCHEDULE

BEGINS TUESDAY, SEPTEMBER 7TH 2010

Monday

8:00-9:00 Aerobics
2:00-2:50 Preschool
4:00-5:00 Progressive gymnastics
4:00-6:20 Competitive L4**
5:00-6:00 Progressive gymnastics
5:00-6:00 "Little" Pre-Team**
6:00-9:00 Competitive L5&up**
8:30-9:30 Power tumbling*

Tuesday

9:00-9:50 Preschool
10:00-10:50 Preschool
11:00-11:50 Preschool
2:00-2:50 Preschool
3:30-4:30 Progressive gymnastics
3:30-4:30 Beg-Adv/Power Tumbling
4:00-8:00 Competitive L7&up**
4:30-5:30 Progressive gymnastics
4:30-6:30 Pre-Team L3** and
Competitive L4**
5:30-6:30 Progressive gymnastics
6:30-7:30 Kindergarten girls
6:40-7:30 Preschool
7:30-8:30 Progressive gymnastics
7:30-8:30 Beg-Adv/Power Tumbling
7:30-9:00 Competitive Cheer

Wednesday

8:00-9:00 Aerobics
9:00-9:50 Preschool
10:00-10:50 Preschool
4:00-5:00 Progressive gymnastics
4:00-6:20 Competitive L4**
5:00-6:00 Progressive gymnastics
5:00-6:00 "Little" Pre-Team**
6:00-9:00 Competitive L5&up**
8:30-9:30 Power tumbling*

Thursday

9:00-9:50 Preschool
10:00-10:50 Mom-n-Me
11:00-11:50 Preschool

Thursday Cont.

3:30-4:30 Progressive gymnastics
3:30-4:30 Cheerleading
4:00-6:30 Competitive L5&up**
4:30-5:30 Progressive gymnastics
4:30-6:30 Pre-Team L3** and
Competitive L4**
5:30-6:30 Progressive gymnastics
6:30-7:30 Kindergarten girls
6:40-7:30 Preschool
7:30-8:30 Progressive gymnastics
7:30-9:00 Competitive Cheer

Friday

8:00-9:00 Aerobics
9:00-9:50 Preschool
10:00-10:50 Preschool
3:30-4:30 Beg.-Adv. tumbling
4:00-6:30 Competitive L4&up**
4:30-5:30 Progressive gymnastics
5:30-6:30 Progressive gymnastics
6:30-7:30 Kindergarten girls
6:40-7:30 Preschool
7:30-8:30 Progressive gymnastics
7:30-8:30 Beg.-Adv. tumbling

Saturday

8:00-8:50 Mom-n-Me
9:00-9:50 Preschool
9:00-9:50 Kindergarten girls
10:00-11:00 Progressive gymnastics
10:00-11:00 Little Cheerleading
11:00-12:00 Progressive gymnastics
11:00-12:00 Beg.-Adv. tumbling
11:00-12:00 Cheerleading
11:00-2:00 Competitive L4&up**
2:00-3:00 Comp. bars L4&up**
2:30-6:00 Birthday Parties

all classes subject to change.

* special skills are required
** by invitation only

